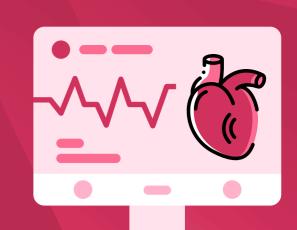
What the 2022 ADA Consensus recommends for

Screening & Diagnosis of **Heart Failure in Pre-Diabetic** and Diabetic Patients



## The burden of CVD in Diabetic Patients in APAC



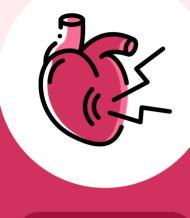
Prevalence of Cardiovascular Disease (CVD) among Type 2 diabetes mellitus (T2DM) patients1



T2DM is associated with a twofold increased risk of CVD vs non-T2DM patients<sup>1</sup>

**Pre-Diabetic and Diabetic** Patients at risk of Heart Failure





STAGE A

High risk for HF

Obesity

Hypertension

Hyperlipidemia

**Diabetic Kidney Disease** 

**Coronary Artery Disease** 

Sex

**Duration Of Diabetes** 

Social Determinants of Health

**Uncontrolled Hypertension** 

STAGE B

**Cardiac Structural** Abnormality/ **Dysfunction** 

LV systolic dysfunction

LV diastolic dysfunction

LV hypertrophy

Valvular disease

Chamber enlargement

Increased filling pressures OR **Elevated biomarkers** 

## • **NT-proBNP** (≥125 pg/mL) • **BNP** (≥50 pg/mL)

**Biomarkers** 

- High Sensitive Cardiac Troponin
- (>99th per-centile upper reference limit)



**Normal** 



Repeat

in at least 1 year



**Elevated** 



**Imaging** 

(CXR, Echocardiogram)



By utilising cardiac biomarkers, identifying high-risk and early-stage heart failure in patients with T2DM

enables timely intervention to prevent or delay the

advancement of heart failure.2

## Reference:

<sup>&</sup>lt;sup>1</sup> Consensus Recommendations by the Asian Pacific Society of Cardiology: Optimising

Cardiovascular Outcomes in Patients with Type 2 Diabetes <sup>2</sup> Modified from 2022 ADA ACC consensus <a href="https://doi.org/10.2337/dci22-0014">https://doi.org/10.2337/dci22-0014</a>